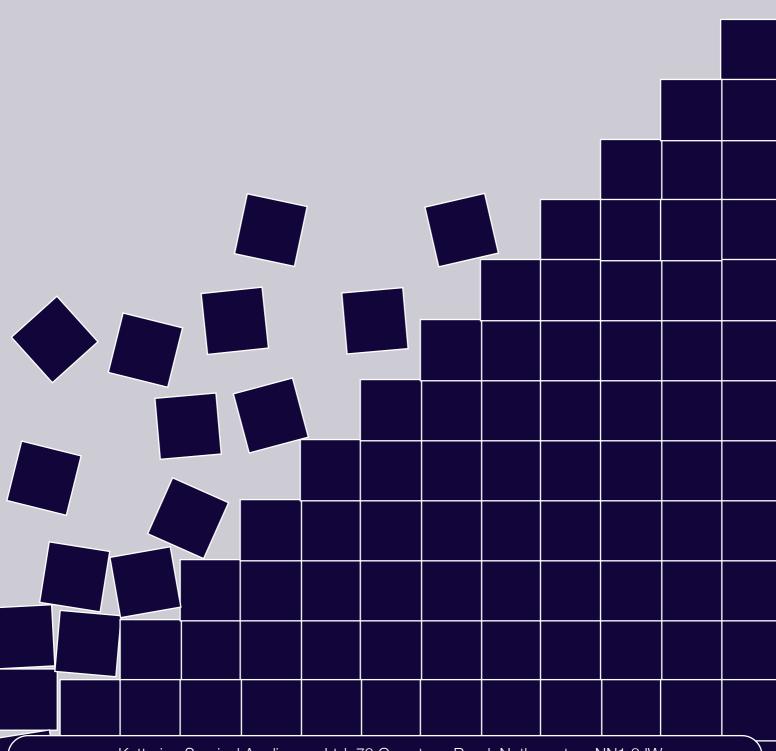
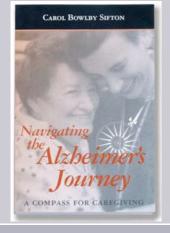


## Alzheimers & Dementia

Patient Care and Rehabilitation Manual



Kettering Surgical Appliances Ltd. 73 Overstone Road, Nothampton, NN1 3JW t.01604 622886 f.01604 629689 info@ketteringsurgical.co.uk www.ketteringsurgical.co.uk



Navigating the Alzheimer's Journey by Carol Bowlby Sifton. An indispensible guide for all caregivers. An easy-to-understand guide that presents a positive yet realistic view of this challenging responsibility. Offers information on exercising remaining abilities of clients (or loved ones) with dementia using activity-focused care techniques. Provides keys to communicating and interacting more purposefully with people with dementia, recognizing how dementia affects abilities, working with remaining strengths, and reducing focus on losses. Great cross-references to detailed sections provide easy access to information. 688 pages, softcover

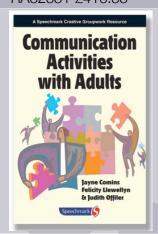
RA78065 £33.13

Cognitive Performance Test (CPT), Theressa Burns Based on the Allen Cognitive Disability Theory, this is a standardized performance-based assessment developed to determine baseline measurement and track changes in global functions in individuals with Alzheimer's or other dementias. Consists of seven sub-tasks that measure a person's understanding of common ADL activities performed by adults: sorting medications, shopping for appropriate clothing, washing hands, preparing food, using the telephone, traveling from one location to another, and dressing. Tracks changes over time.

Includes instructions for administering test, record forms and materials required for testing.



RA82331 £416.33



**Communication Activities with Adults** *Jayne Comins, Felicity Llewellyn* and *Judy Offiler*. More than 100 graded communication activities. Use with clients with aphasia, memory deficits, and mild dementia. Can be used with groups, but activities can be adapted for individual therapy. Activities include cued responses, short answers, longer answers, nonverbal activities, and reading and writing activities.

128 pages, softcover

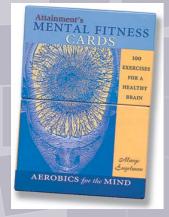
RA82414 £36.83

**Thinking Cards** *Marge Engelman, Danielle Leuthje, Gail Petersen* and *Kim Petersen* Specially designed cards for adults with mild cognitive impairments have 100 mental exercises, activities, and memory tips. Activities include brainstorming, word activities, memory and music, creative thinking, and learning new ways to see, hear, touch, and smell. Color photo on the back of each card illustrates its topic and encourages discussion. Larger type and simple text encourage participation. Instruction booklet presents strategies for using the cards, coping and memory tips, and suggestions for group leaders. 100 4"x6" non-glare cards, instruction booklet and storage box.



RA82439

£24.59

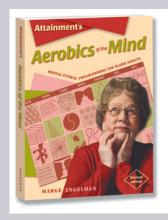


**Mental Fitness Cards**, *Marge Engleman* Mental fitness products to keep the mind active at any age. Provide 100 exercises to stimulate the brain and improve memory. They can be used by individuals or small groups and include memory, numbers, words, creative problem solving, puzzles, and brainstorming. Some look back, but most focus on present and the future.100 4"x6" cards, instruction booklet and storage box

RA82441 £24.59

Also Available: **Mental Fitness Instructors Guide**: *Kari Gustafson* Effective for a wide range of cognitive abilities and group sizes. 180 pages, softcover and CD.

RA82441 £41.46

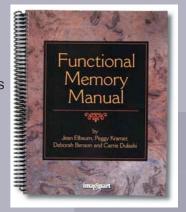


**Aerobics of the Mind**, *Marge Engleman* The book is organized into three parts: Getting Started, Model Programs, and Activities and Exercises. Goes way beyond passive entertainment to achieve active stimulating participation. Helps clients learn to stretch thinking, try new and different ways of behaving, stimulate memory, and develop a more creative brain.

220 pages, softcover.

RA82442 £21.25

**Functional Memory Manual**, *Jean Elbaum*, *Peggy Kramer*, *Deborah Benson*, and *Carrie Dulaski*. An interdisciplinary approach to building functional memory skills, emphasizing the use of internal and external strategies to improve recall. Chapters include strategies and activities for improving attention, auditory recall, visual recall, sequential recall, and functional memory. Instructions at the beginning of each chapter provide guidance in selecting activities for individual clients as well as examples of application. The exercises are appropriate for clients with mild, moderate, and severe memory deficits. Many reproducible pages and carryover suggestions for between-session practice. 380 pages, softcover, spiral binding



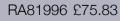
RA88862 £72.00

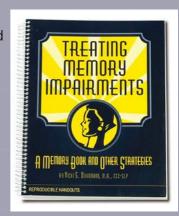


**Can Do Activities** by *Eileen Eisner* A strength-based approach to communication with Alzheimer's clients that focuses on the things that they can still do. It's a sensitive and valuable guide for assessment and treatment of individuals and groups with this disease. Ready for immediate use. Includes many samples of assessments with recommended activities, group activities, and resources and supplies. 177 pages, softcover, spiral binding.

RA88863 £81.83

**Treating Memory Impairments**, *Vicki S. Dohrman*. A great resource that starts by describing many of the different internal and external memory strategies that have been used effectively by people with memory difficulties, particularly those who suffer from Alzheimer's—mnemonics, motor cueing, association, reading strategies, and memory books. It then shows how to develop a step-by-step training program for helping clients learn to use the individualized memory strategies effectively. Reproducible pages include memory book pages, training worksheets, environmental cue stickers, and handouts for other therapists and caregivers. 210 pages, softcover, wire binding.



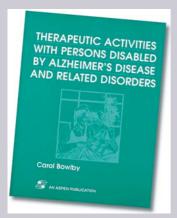




**Lessons for the Right Brain** by *Kathleen Anderson* and *Pamela Crowe Miller* Hundreds of exercises for clients with subnormal or injured right brain functions. Five workbooks help clients regain skills: Memory, Reading and Writing, Visual Perception and Attention, Thought Organization, and Self-Perception / Organizing Functional Information. Help clients with relevant skills for recall, daily living, discrimination between like and unlike items, composing sentences and exploring personal attributes and problem solving.

Includes Five 64-page workbooks, softcover.

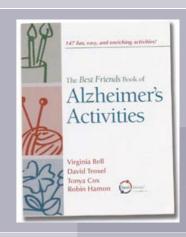
RA80147 £76.00



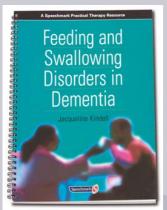
**Therapeutic Activites With Persons Disabled By Alzheimer's Disease And Related Disorders** by *Carol Bowlby.* A softcover version of this working guide that provides extensive hands-on activities and essential background information. Allows staff to understand and work with clients with Alzheimer's and related disorders. Each section of activities provides appropriate research, general principles and methods, detailed plans for specific activities and suggested resources. Contains chapters on normal aging, Alzheimer's and related disorders, communication, group work, specific activities, reminiscence groups, sensory stimulation, and administrative and fiscal issues.

RA80268 £131.83

The Best Friends Book of Alzheimer's Activities, Virginia Bell, David Troxel, Tonya Cox and Robin Hamon. More than 145 versatile, easy-to-implement activities can assist anyone on the staff to turn any interaction with a person with dementia into an activity that satisfies essential physical, emotional, and spiritual needs. Each activity contains suggestions for personalizing the activity and matching it to the remaining strengths of the individual to ensure success and reduce challenging behaviors. Provides ideas on converting everyday activities into those with "knack," create new activities out of old ones, provide activities between structured programs and events. Adapts activities for clients in later-dementia. Makes activities out of personal care and helps fill evening hours to alleviate sundowning. 224 pages, softcover



RA78064 £34.79



**Feeding and Swallowing Disorders in Dementia**, by *Jacqueline Kindell*. This informative manual draws on research performed by experts to highlight the feeding and swallowing difficulties of clients with dementia. It is also a pratical guide to offer potential strategies to manage these problems. It focuses on the needs of the individual by providing practical questions to be asked when making an assessment. This assessment is a step-by-step process for staff and caregivers to observe, doucment and manage feeding and swallowing difficulties. Reproducible masters of forms, schedules and checklists are included to aid implementation

RA81987 £59.33

**Activity Pillow** Designed specially for Alzheimer's and dementia clients. High-quality, padded mat straps onto any bed or tray. Each item is permanently attached to prevent swallowing or loss. Activities include zipping, buttoning, hook and loop fastening, and buckling. Machine washable. 22" x 15-1/2" x 1".

RA80385 £40.00





**Discovery Apron** Ideal to keep hands busy and divert negative behavior. Apron fits over the head and can be tied in back for security. Items include a large zipper, terry cloth flap, hook and loop-edged flap, button flap pocket, bow to tie and untie, buckle, and soft flannel area. Suitable for Alzheimer's patients.

RA80386 £28.75



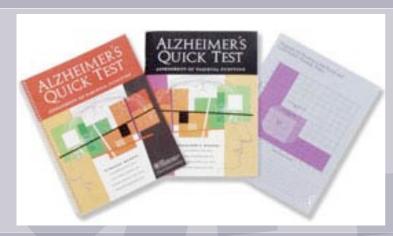
**So What Do You Think**, *Kathryn M. Kilpatrick and Joan Bryden*. A truly unique set of questions to get conversation started with your clients. Each coated, 3½" x 4" card has three different types of questions that can be answered briefly or be the beginning of an extended conversation: "What's your favorite time of the day?" or "Describe a chore you don't like to do." Make questions into a game with family members, staff, or visitors. The accompanying manual has the same questions and can be reproduced for writing down answers.

RA80397 £29.59

**Objects and Owners** A great new matching card set that shows a variety of people and some of their important possessions. Each of the 24 large cards show a different person or animal (owners), while each of the 48 small cards show a single object. The cards are divided into two levels: Early Experiences has 12 sets based around the home with owners familiar to everyone; Out and About has 12 sets that go out into the world of work and leisure. Encourages expressive language, attention and concentration, logical thought, and comprehension. Instructional manual outlines six activities of varying levels of difficulty to match owners and objects. Particularly for alzheimer's sufferers.



RA81681 £44.00



Alzheimer's Quick Test (AQT) by Elisabeth H. Wiig, Niels Peter Nielsen, Lenmart Minthon, and Siegbert Warkentin. A breakthrough assessment for the early detection of parietal lobe dysfunction and Alzheimer's disease. Contains verified rapid automatic naming tasks for screening. Objective measures are based on clocked total-naming time and are independent of gender, education, and cultural-linguistic differences, providing evaluations of mono- and bilingual clients. Kit includes: examiner's manual, stimulus manual and 25 record forms.

RA82178 £240.53

ColorCards: Odd One Out Each of the 48 laminated cards has a group of objects printed on it. All of the objects, except one, is from a single category. The task is to identify the odd one out! Encourages expressive language, vocabulary, logical thought, grouping and classification, observation skills, and attention and concentration. The cards are divided into three levels of difficulty. Use these cards to extend discussions to fit various needs in individual therapy. Ask questions about the difference in the objects, how they are related, for description of the items and experiences with each object. The guide suggests several activities for each level of cards. Especially useful for caregivers of Alzheimer's sufferers.

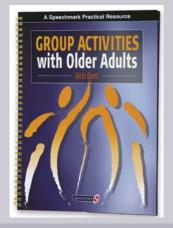


RA81682 £43.17



**Finger Fidgets** Innovative exercise kit will provide beneficial tactile, visual and auditory stimulation for your clients with sensory impairments. 10"L plastic mesh sleeves are color coded to indicate the level of resistance. Sleeves sealed on both ends. One each with wooden, foam, and chime balls. Suitable for alzheimer's patients

RA80464 £21.60



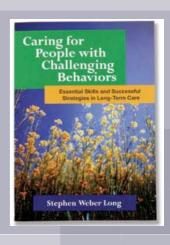
**Group Activities with Older Adults** by *Vicki Dent*. A clear and easy-to-use resource that provides the tools required to develop and implement a range of activities to meet the needs of a broad range of older adults. Structured around ten different areas of activity need cognitive, creative, cultural, emotional, educational/employment, physical, sensory, selfesteem, social and spiritual. This comprehensive, reproducible manual provides hints, tips, and suggestions for successful planning and delivery. Includes guidance on recording and evaluating activity programs. Helps improve an existing program or helps set standards for a new one.

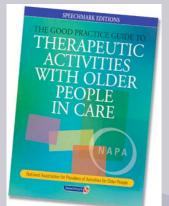
RA82088 £52.00

## Caring for People with Challenging Behaviors by Stephen Weber Long.

Helps caregiving staff find effective ways to prevent, reduce or eliminate disruptive behaviors exhibited by residents in long-term care settings. Provides practical, evidence-based coping and intervention strategies for daily use. Details what triggers and reinforces challenging behavior and provides solutions. Presents principles and interventions in easy-to-understand language for everyone who works in the nursing home.

RA82177 £34.79



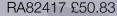


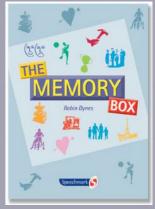
**The Good Practice Guide to Therapeutic Activities with Older People in Care Settings**, *Tessa Perin, Editor.* Provides clear guidelines for therapeutic activities and will be welcomed by all working in care settings. Sets standards in the provision of activities and good practice in care settings. This concise, single volume is a benchmark for measuring and evaluating activities provided in practice. A quality set of activities that will work wonders with clients and help meet requirements of care. 56 pages, softcover.

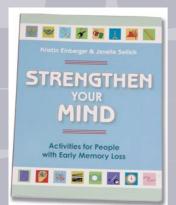
RA82179 £23.83

**The Memory Box,** *Robin Dynes* This multi-use resource contains a guidebook and 120 discussion cards that facilitate general reminiscence; help with production of memory diaries; help with putting together guided autobiographies that facilitate life reviews; or just help to spark conversation. Divided into twelve themes, the cards cover: family background, childhood and school days, adult life and children, working life, events, achievements, places, people, good times and bad times, favorite things, love and romance, and bits and pieces. Use with individuals or groups. Elicit spoken or written responses. Includes guide for use with various types of clients.

120 6"x9" laminated cards in a storage box.







**Strengthen Your Mind,** *Kristin Einberger* and *Janelle Sellick* This collection of 70 worksheets strengthen brain functioning, promote social interaction and provide hours of meaningful entertainment. Designed for individuals with early memory loss, the activities canb e used indpendently, by activity staff, or with groups for discussion and programming ideas. It can also be used as a take-home for individual exercises/entertainment or to trigger memories and encourage conversation.

RA82435 £25.42



## A great set of activities designed to help those with memory loss!

Be Active with Games (BAG), Stein Gerontological Institute.

Designed specifically to use with Alzheimer's clients and other clients with memory impairment. A bag of 14 ready-to-use activities that delight and motivate! Each activity has all the instructions on a sturdy half-page card in an individual bag with key supplies needed. Activities include sorting, clipping coupons, games, stories and music and art projects. Instructions provide general use and ideas for making these work for clients at various levels.

- A bag of 14 ready-to-use activities with instructions on a sturdy halfpage card in an individual bag.
- Includes sorting, coupon clippings, bingo, storytelling, music and art projects, exercises, and table games.
- The instructional manual provides general procedures and ideas. Kit contains: Canvas bag (12" x 4" x 6"), 11-page instruction manual, 14 ziplock bagged activities.

RA80499 £143.33

**Mental Fitness Library** contains stories, exercises, worksheets and reading activities for older adults or those with Mild Cognitive Impairment. Works with both groups or individuals. Complete set includes *Mental Fitness Cards, Thinking Cards, Aerobics of the MInd Workbook, Mental Fitness Reading Resources, Mind Your Mind DVD and the Mental Fitness Instructor's Guide.* 

RA70618 £108.53

RA82441 £24.59

RA82439 £24.59

RA82442 £21.25

RA82445 £88.73

RA82446 £64.20





Ross Information Processing Assessment-Geriatric (RIPA-G), Deborah Ross-Swain and Paul Fogle. Individually administered test assesses cognitive-linguistic deficits in geriatric clients in skilled nursing facilities. In addition to standard questions and stimulus items, RIPA-G incorporates questions from the Minimum Data Set used by nursing staff to provide correlational data. Efficient and effective in administration scoring and interpretation. Has "data at a glance" section for summarizing results for rehab meetings and client conferences. Completed in 45 to 60 minutes; supplement subtests in 10 to 20 minutes. Examiner's manual, 25 record forms, 25 profile forms, picture book, storage box.

RA80349 Test: Ross Information Processing Assessment - Geriatric £307.17

RA80423 Forms: RIPA-G: Reponse Record F £80.17

RA80424 Forms: RIPA-G, Profile Summary Form £44.83